

# Beach Volleyball Camp

2024

Beach Volleyball Academy

Established 2010

## **Beach Camp:**

**Cost** \$100.00/camp (limited to first 32 registered campers)

Monday, Tuesday, Wednesday, & Thursday.

Camp #1 June 10th to 13th 9:00am to 12:00pm

Camp #2 June 17th to 20th 9:00am to 12:00pm

Camp #3 June 24th to 27th 9:00am to 12:00pm

### **Requirements:**

Desire to learn competitive Beach Volleyball skills & experience.

### **Trainings:**

All training sessions will be divided by ability, not age.

Skills: Passing, Digging, Setting, Hitting, Serving, & Blocking

Tactics: Serve Receive, Attacking, Transition, and Defense Coverage

Daily Schedule: 9:00am-12:00pm. 4 days, three hours.

- 1. Warm Up and ball control skills and drills
- 2. Pair tactics: fronting, pulling, serve receive, and attacking.
- 3. Match play. Fast double and mini tournaments.

### Fee:

\$100.00 (May use volleyball courts only during camp session.)

### **Recommendations:**

Sunscreen, towel, water bottle, snacks, sand socks.

### **Cancellation:**

Weather, air quality may lead to cancellation.

### **Program:**

Beach Volleyball Camp is CRC Beach Volleyball Academy's introduction to beach volleyball and its basic skills and tactics. This is intended to be for those players wanting to learn and experience beach volleyball.