



*"Chico Racquet Club & Resort has been my training home since 2010. The facilities are the best in Northern California & have allowed me to develop into the player I wanted to be"*

- Lily Justine UCLA Beach VB
- 2018 National Champion
- 2018 NCAA All American
- All PAC12 & Academic teams

# CRC BEACH VOLLEYBALL TOURNAMENTS

CRC Beach Academy will host beach volleyball tournaments this year. CRC "Pairs" specific partner tournaments that are partner required tournaments. Teams will compete in a round robin pool format, then seeded into a bracket play off format.

### Spring Tournaments:

APR	28th	Sun	Pairs	All Ages	2pm
May	12th	SAT	Pairs	All Ages	2pm
May	25th	SAT	Pairs	All Ages	2pm
June	1st	SAT	Pairs	All Ages	2pm

### Summer Tournaments:

JUN	30th	SUN	Pairs	All Ages	8am
JULY	14th	SUN	Pairs	All Ages	8am
JULY	28th	SUN	Pairs	All Ages	8am

All CRC Beach Volleyball Tournaments include a clothing item (tank top, visor, or shorts). Cost in \$25.00 per participant. Tournaments are open to non-CRC members and out of town players.

\*CRC Tournament register at Front Desk

# CRC BEACH VOLLEYBALL ACADEMY

**2019**  
Programming and Services



## SEE YOU AT THE BEACH

**CRC has two competition beach volleyball courts**



## Two Competition Courts



## What We Do

CRC Beach Volleyball Academy is a teaching academy that instructs elementary, middle, high school, & collegiate players in skills & strategies needed to be successful in CBVA, AAU, & USAV competitions regional & nationally.

- Age Group Training Sessions
- Travel Group Training (Tryouts)
- Age Group Camps
- CRC Beach Tournaments

## Our Philosophy

We are a teaching base program that uses the principles of USA Beach Volleyball, & American Volleyball Coaches Association best practices.

Our Goal is to expose the beach volleyball and its skills to the girls of Northern California.

We provide training of skills, strategies, & development of beach volleyball to your child in order to gain a level of performance she desires. We also act as a resource to parents for competition, camps, travel, recruiting, & other beach volleyball opportunities.

## Beach Volleyball Anytime

We provide beach volleyball training year round in many levels during our five different Sessions:

- Winter: Age Group training Middle & High School  
-January TUES & THURS 3:30-5pm
- Travel Team Training-pre payment required.  
-Feb, March, April, May MTWTHF 3:30-5:30pm  
-Tryouts required, limited group, required practices
- Spring: Age Group training Middle & High School  
-April & May, TUES & THURS 5:30-7pm drop in
- Summer: Age Group training, camps, tournaments, Elementary, Middle & High School drop in  
-June & July TUES & TH 7am-11am
- Fall: Age Group training HS & Middle School  
-August, Sept & Oct drop in

## Training Sessions Defined

"Travel Training Sessions" tryout only. Advance techniques of Block Base Defense, Serve Receive & Transition Offense. Middle & High School or Adult

"High School (9th to 12th): Basic skill development of Shot Selection, Serve Receive, Pull Defense, & Transition.

"Middle School (6th to 8th): Basic Skill development of Shot Selection, Setting, Serve, Serve Receive, Pull Defense.



2016 Youth Beach Volleyball Camp

## Private Training

Specific training focused on you and your partner's team play. Private training are 90 minutes sessions focused on the players & their team success. We will work on team strategies to compete at their optimal level. This is designed to prepare teams/players for specific competition tournament

Requirements: 4 to 8 players, \$20.00 each. Appointments only based on court and coach availability. Each Session will be individually designed by player's goal setting in coordination with staff.

## CRC Beach Tournaments

These are our ten year of hosting our annual beach volleyball tournaments". We designed these tournaments to serve as an introduction to competitive tournament play.

Players sign up teams/pairs at the CRC front desk. These tournaments are open to anyone participants in the CRC Beach Academy training or not. \$25.00 per player pool & bracket matches & a tank top.

## Contact Us

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Visit us on the web:  
[www.chicoracquetclub.com](http://www.chicoracquetclub.com)

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